



Friday 16th June, 2023

Year 11 Camp 24th - 27th October 2023

The Year 11 camp will be held at Tinaroo Environmental Education Centre in October, Term 3, 2023. The camp is designed to develop leadership skills, teamwork, resilience and a sense of community amongst our students. The details of the camp are below:

Venue: Tinaroo Environmental Education Centre, 30-46 Tinaroo Falls Dam Road, Tinaroo, 4872

Date & Time: Bus will Depart- Tuesday 24th October at 7.30am
Bus will Return- Friday 27th October at 2.45pm

Meeting Location: **Front of the school at 6.30 am.** (Boundary Street near the school library)

Activities: Students will be participating in eight Tinaroo Environmental Education Centre coordinated activities as well as some school arranged activities. The description, requirements and risk for these are outlined on the next page.

What to bring: Refer to the equipment list and requirements on the activity information document (page 2).

Transport: Calypso Coaches

Camp Organiser: Yr 11 Co-ordinator, Ms Davalee Russo

CAMP GAMES/ACTIVITIES INFORMATION

All activities will require: Sunsmart clothing including a hat, waterbottle and sunscreen

	LOW ROPES:	KAYAKING:
Description	Low ropes is a series of challenges that are 30 cm off the ground. Students balance on a wire cable using supporting ropes.	A 90 minute activity where students learn the basic strokes of kayaking, earn the safety issues required for successful kayaking, work cooperatively with the members of their canoe group.
Activity requirements	<ul style="list-style-type: none"> • Dry closed in shoes 	<ul style="list-style-type: none"> • Togs • Towel • Old clothing that can be soiled • Closed in shoes that can get wet
Risk	<u>MEDIUM</u>	<u>HIGH</u>
	TEAM RAFT BUILDING:	LEAKY POLE:
Description	A 2-hour activity where participants are required to build a raft, an exercise in listening.	Leaky Pole is part of raft build. Purpose is to retrieve a ball from the bottom of a 1.5m long 10cm diameter pipe that has holes in it, students need to work together to plug the holes and fill the pipe.
Activity requirements	<ul style="list-style-type: none"> • Togs • Towel • Old clothing that can be soiled • Closed in shoes that can get wet 	<ul style="list-style-type: none"> • Old clothing that can be soiled • Closed in shoes that can get wet
Risk	<u>MEDIUM</u>	<u>LOW</u>
	CLIMBING WALL:	CRATE STACK:
Description	The wall is about 16 metres high and has 3 different climbs of varying levels of difficulty. Students are in a waist harness where they are climbing up the wall. Once they reach the top, or as high as they feel comfortable climbing, they are lowered safely to the ground.	This activity involves 3 to 4 students, each wearing a full body harness. The whole group (all wearing helmets) work together to build a stack of milk crates as high as they can. The three to four 'climbers' are allowed to stand on the crates, and at least one student needs to be on top of the crates. When the stack falls, the students are safely lowered to the ground.
Activity requirements	<ul style="list-style-type: none"> • Long sleeve shirt • Dry closed in shoes 	<ul style="list-style-type: none"> • Dry closed in shoes
Risk	<u>EXTREME</u>	<u>HIGH</u>
	LEAP OF FAITH:	GROUP ACTIVITIES
Description	Students are in a full body harness with a rear attachment. They are attached to two ropes, and are being belayed by two groups of students. Student climb 10 meters up a telegraph pole onto a wooden platform. They then stand and when they're ready, leap out to hit a buoy that is hanging a few metres in	These are a series of group puzzles and challenges that are about students working together, communicating effectively, group decision making and problem solving
Activity requirements	<ul style="list-style-type: none"> • Dry closed in shoes 	<ul style="list-style-type: none"> • Dry closed in shoes
Risk	<u>HIGH</u>	<u>MEDIUM</u>
SCHOOL PLANNED:		
Description	A range of team building indoor and outdoor activities run by Townsville State High School Staff.	
Activity requirements	<ul style="list-style-type: none"> • All equipment will be provided. 	
Risk	<u>LOW</u>	

2023 YEAR 11 CAMP- Equipment List

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| <ul style="list-style-type: none">* Casual clothing for three days.<ul style="list-style-type: none">- No skirts/dresses!- Don't forget underwear!* Pyjamas (appropriate for camp)* Shirts for outdoor activities. Must cover neck and shoulders (<u>no singlets</u>)* Long pants (jeans or tracksuit pants), especially for night time activities and campfire.* Spray jacket / cardigan / jumper* Hat with a brim (Must be used in all outside activities)• TWO pairs of closed in shoes (wet and dry):<ul style="list-style-type: none">- Lace up runners with good grip- Suggest old runners for water/muddy activities* Socks – minimum four pairs* Sunglasses (not expensive)* Thongs or sandals | <ul style="list-style-type: none">* Toiletries – toothbrush, toothpaste, deodorant (must be roll on type as aerosols set off the smoke detector), soap, hair ties, brush/comb etc.* TWO Towels: one for water-based activities <u>and</u> one for showering.* Sleeping bag, 1 sheet and a pillow (cannot be attached to the outside of your bag - pack them IN your luggage).* Torch or headlamp (you will be responsible for it)* Raincoat and/or umbrella. There is a high possibility of rain or it being wet.* Small day backpack to carry water bottle, sun cream, hat etc. for outdoor activities and to take on the bus.* Sun cream SPF30+. You will be outside for long hours while on camp.* Water bottle (clearly labelled)* Insect repellent* Plastic bags for wet or dirty clothes/shoes |
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PLEASE NOTE-

1. Students **MUST** arrive at school on Tuesday the 24th October 2023 wearing lace-up runners, shorts, a shirt, a hat with a brim, and a backpack with water bottle and a small snack ready for the first camp activity.
2. Luggage must be appropriately sized so that it can be transported in the cargo section during bus transfers.
3. All oral or injected medications **MUST** be given to the teachers when you arrive at school. These are to be labelled clearly with your name, dosage required and frequency of dosage. (Suggest in a ziplock bag)
4. Mobile phones- we recommend students do not bring their mobile phone as there is limited phone reception and they may get damaged. If students do bring their phone the school rules will apply. Mobile phones are not to be seen during scheduled activities, if seen, they will be confiscated.
5. IMPORTANT - Students are **NOT TO BRING** the following:
 - Items of value or sentiment e.g. Jewellery
 - Music players or equipment e.g. speakers, guitars etc.
 - Tobacco, matches, lighters, vapes, alcohol or any non-prescription drugs.

We take this rule seriously which means students need to take this seriously.

Anyone found breaking this rule WILL have items confiscated, and if it is a more serious matter, the student may be sent home and dealt with in the appropriate manner.

YEAR 11 CAMP BEHAVIOUR CONTRACT

Behaviour Expectations

My child will:

- Follow the school's rules and expectations as set out in the Townsville State High School Student Code of Conduct before and during camp.
- Be responsible for their own actions and will act in a respectful, mature and responsible manner.
- Ensure classwork/assessment is up to date where possible prior to departing for camp.
- Wear appropriate clothing, footwear and apply sunscreen to prevent him/her from getting sunburnt.

I am aware that:

- If my child fails to follow the rules and behaviour expectations, they may lose their right to remain in the activity.
- If consistent misbehaviour or behaviour is deemed extremely inappropriate they will lose their right to remain at the camp site and will need to be collected by parents/guardians. In this situation, parents will be required to make arrangements to collect their child in person.
- If my child shows any signs and symptoms of being unwell prior to the camp, the school will need to be notified and cancellation of the camp will occur. *Refunded minus the deposit.*
- If my child shows any signs and symptoms associated with Covid-19 or deemed unwell during the stay at the camp, staff will notify parents/guardians and your child may need to be collected from the camp site by the nominated parent/guardian.


Tinaroo Environmental Education Centre Rules for students (student will adhere to the following at all times):

Cooking and Kitchen:

- An assigned group of students will clean the dining room after all meals.
- Students will need to separate food and meat scraps into bins provided.
- Students will scrape plates and stack in trays.
- Students will rinse plates, pack the dishwasher, and put the plates away.
- Adults will assist our Kitchen Staff in serving meals.
- Adults only are to use the 'Zip Heater' and microwave in the kitchen.

General Camp Rules:

- Language used should be pleasant and in conversational tone - eg. it is not necessary to shout and swear.
- Chips, soft drink, chewing gum and lollies are NOT to be brought on camp.
- The only people who should be in a tent/room are those that sleep there.
- Wash hands with soap before you eat or prepare food and after you go to the toilet.
- Use the hand sanitiser provided at the entrance to buildings/rooms.
- There are specific bins for a variety of recyclable materials. All campers (students and adults) and especially those handling food and drink containers need to be aware of the recycling and waste management procedures.
- During this time you must stay within the area specified by the teachers.
- Do not swim or use canoes without permission.
- Keep off the low ropes course unless supervised by an adult.
- Do not run on the concrete and around the buildings/tents.

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- On your arrival the boundaries of the Centre will be outlined. Our expectation is that students will remain inside those boundaries unless accompanied by an adult.
 - The Group Challenge adventure course is to be used only under adult supervision.
 - Swimming only happens under adult supervision in the defined area after you have been marked on the swimming roll.
 - Canoeing only occurs under the supervision of trained TEEC staff.
 - There should be at least 2 people in each canoe.
 - Participants must be wearing a Personal Flotation Device (PDF) when canoeing.
 - PFDs must always be returned to the drying line after use.
 - Canoes must be lifted NOT dragged from the water.

Enclosed Shoes

- Students must always have shoes on.
- "Dry shoes" for around camp, in the kitchen and on expeditions.
- "Wet shoes" for canoeing, swimming and other water activities.
- Thongs are ONLY for going to the toilet/shower at night.

Consequences of student breaches of the Behaviour Contract

Teachers, in consultation with a Deputy Principal and/or Principal, will deal with breaches of this behaviour contract by imposing appropriate consequences. Serious breaches of the code may result in the Principal and/or Deputy Principal deciding that a student will not be permitted to attend camp or may be sent home early.

